



N. L. Dalmia®
College of Arts, Commerce & Science
(A School of Excellence of N. L. Dalmia Educational Society)

Affiliated to University of Mumbai | College Code: 1088

Fri 20 Sep 2024

NOTICE

The Women Development Cell (WDC) of NLDC, in collaboration with The Psychology Club, is organizing a ***Suicide Prevention Awareness Program*** to address the increasing mental health challenges faced by students in high-pressure environments. This initiative aims to reduce the stigma surrounding mental health, promote early intervention, and educate participants on recognizing the warning signs of suicidal behavior. The program will provide strategies for coping and information on accessing mental health resources. Join us in fostering a supportive, understanding community for mental well-being.

Day & Date : Saturday 21 September 2024

Time : 0930 am

Venue : Auditorium (NLDIMSR)



Ganesh
20/09/2024
WDC
(Convenor)

[Signature]
Psychology Club
(Convenor)

[Signature]
Psychology Club
(Co-Convenor)

AB Pawar
Dr Ganesh Pawar
(Principal)
20/09/2024

N. L. Dalmia College of Arts, Commerce & Science

Activity Report

Name of Activity: Suicide Prevention Awareness Programme

Conducted by : Psychology Club in collaboration with The Women Development Cell

Date, Time, Venue: Saturday 21st September 2024, 10:00 a.m., Auditorium

Name(s) of Teacher(s) Incharge: Asst. Prof Radheya Surve, Asst. Prof Tejaswi Shetkar, Prof. Dr. Shweta Ranade

No. of Participants: 77

Description of Activity:

PsychBusters in association with The Women Development Cell hosted a captivating Suicide Prevention Awareness Programme, the students performed an informative skit consisting of 3 scenes showcasing what could be the day-to-day triggering unnoticed factors/reasons which could lead to suicide attempts. Followed by an impactful ppt presented by Asst. Prof. Radheya Surve, which delved into the common misconceptions regarding suicide highlighting the importance of mental health. The programme ended with a stirring dance performance by the students.

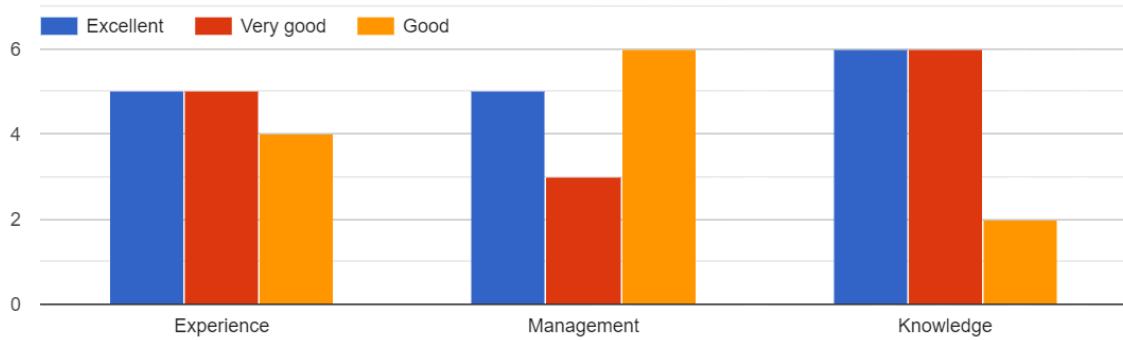
Names of dignitaries attended activity: NIL

Expenses incurred for the Activity: NIL

Feedback Analysis

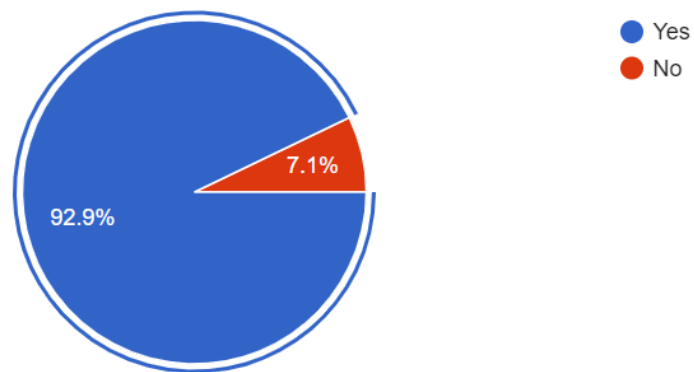
What would you rate the session?

 Copy

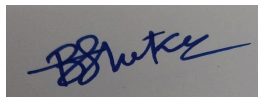


Did the session leave a impact on you?

14 responses



Signature of In-charge :



Attachment:



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The Psychology Club
in association with
The Women Development Cell



PRESENTS A WORKSHOP ON

**SUICIDE PREVENTION
AWARENESS PROGRAMME**



**SUICIDE
PREVENTION
AWARENESS
MONTH**

*NO REASON IS GOOD ENOUGH
TO END ONE'S LIFE,
HOWEVER BIG IT MIGHT SEEM,
THE REASONS TO LIVE WILL
ALWAYS BE BIGGER AND
BETTER.*

 **21 September 2024**

 **0930am**

 **Auditorium (NLDIMSR)**

